

Valia Panou

20 Achilleos street 175 62, Palaio Faliro

| 693 6003177 | vpanou@gmail.com | Born in 20-01-1974



Education

- Technological Educational Institute (TEI of Athens)
- Degree Name Diploma
- Field of Study Photography
- Grade Scholarship from IKY
- Dates attended or expected graduation 1993 – 1996
- Activities and Societies: Photographic Workshops, National Exhibitions, Photographic Magazines
- Photojournalism, Studio Photography, Street Photography, Landscape and Architectural photography, Portraits and Art Photography, Special Darkroom techniques using B&W and Color film, Advertising photography, Photoshop, Audiovisual Arts.

- National Conservatory of Athens:
 - Field of Study Piano, Theory, Composition, Choral music
 - Dates attended or expected graduation 1984 – 1987
 - Activities and Societies: Recitals (solos & piano pieces for four hands) with Vendouras my Piano instructor.

- Lyrikon Conservatory
 - Field of Study Piano, Theory, Harmony, Composition, Chamber music, Choral music
 - Dates attended or expected graduation 1987 – 1993
 - Activities and Societies: Piano lessons, Prima Vista, Composition, Solfeggio, Choir, Chamber Music, (with violin), Concertos Music Theory, History of Music, Orff system, Music Improvisation, Morphology of Music, Music Professor: Maria Soumelidou (Piano Instructor).
 - Taught Vocal Music, Music History & Theory, & Choir to students grades 6-12, Supervised 10-75 middle school/junior high aged students during classes, fieldtrips, rehearsals, and performances.

Alimos Conservatory: 1993-1998

Degree Name Piano Diploma

Piano studies, (Music Professor: Valeria Tcheshnovskaya) Teaching Practice, Vocal Seminars, Choir, Harmony, History of Music, Chamber music, Solfeggio, Prima Vista, Advanced Theoretical studies.

- Architectural Institute “Zacharakis”
- Degree Name Bachelor of Education
- Field of Study Architectural Design and Decoration
- Dates attended or expected graduation 1988 – 1991

Private School “Stavraki” in Glyfada
1980-1986

Skills & Abilities

COMMUNICATION

- Child-focused intervention approaches based on music emphasize the importance of teaching children specific skills using activities that are child initiated, but teacher guided. These “music and sound” kinesiology activities are typically embedded in daily routines and conducted in familiar contexts. To reach the goal of teaching children new musical skills or behaviors in a natural setting, the teacher plans and organizes the environment in a manner that supports the child’s development.

LEADERSHIP

- Led the parents to organize a charity bazaar for their children (swimmers) and raise money for their swimming team of Palaio Faliro to participate in swimming races out of Athens.

Experience

IB PYP English Music Teacher (International School of Piraeus)

Dates Employed Sep 2017 – Present (<http://www.isp.edu.gr/>)

Music Director

Company Name: “Koimissis Theotokou” Youth Orchestra

Dates Employed Sep 2016 – Present

Author of the Musical “MA-MA LAND”. Especially written and based on the IB profile of the ISP school the Musical was -for the first time- performed in public view on Pierce’s Grand Theatre on the 24th of March while the College’s 2-year Cultural Festival at Pierce (The American College of Greece) was in progress. The ISP pupils (4th & 5th grade) with the “Youth Orchestra” of P. Faliron, performed and took part in this musical and their experience was unique.

Volunteer occupation Duration 1 year & 5 months

Location: Palaio Faliro

Freelance Blogger

Company Name: Valia's Blog (<https://valiapanou.wordpress.com/author/valiapanou/>)

Dates Employed Jul 2016 – Present

Employment Duration 1 year and 7 months

Location Athens, Greece

Author («Το Ημερολόγιο ενός Τσαντίλα», Εκδόσεις ‘Μικρή Μίλητος’
<http://secure.public.gr/product/books/paidika/komiks-and-hioymor/komiks/to-imerologio-enos-tsantila/prod7100007pp/>- «365 Days» Εκδόσεις ‘Ελληνικά Γράμματα’)

Author of the Musical Theatre “Psaro-rhapsody”

Author of the Musical Theatre “MA-MA LAND” December 2017

Author of the Photo book “365 DAYS” a photographic selection of historical B&W analogic photos of the New Karaiskaki Stadium (Special Edition for private use from J&P AVAX) 2004

Art-Dance-Music-Fun with all my He(Art)...

Musical Summer Camp an idea that came true!!!

Dates Employed June 2015-mid August 2015

Employment Duration 2.5 months

Piano instruction, X-Factor singing project, (the children were the judges), Storytelling with appropriate music following the plot, Art and Crafts, English Theatre, English songs and games, Cluedo with music, Kinesiology and Drama focusing on famous classical music, Music Composition and Improvising, Ear training.

Location Athens, Alimos

Music Teacher, Composer

Company Name: Freelancer

Dates Employed Jan 1991 – Present

Employment Duration 26 years and 5 months

Location Athens, Palaio Faliro

Piano lessons, Solfeggio, Theory, History of Music, Choir, Phonetics, Concerts, Composition.

Music Instructor

Company Name: Freelancer

Dates Employed Jan 1991 – Present

Employment Duration 26 yrs. 5 months

Private Piano lessons, Music, Percussion, Kinesiology, Orff System, Choir, Phonetics, Ear Training

Municipality of Palaio Faliro "Nursery Schools"

Dates Employed Mar 2014 – Jan 2015

Employment Duration 11 months

Music, Kinesiology, Orff System, Singing, Art & Dance Therapy, Ear Training, Primary Music Theory with music flash cards

Location: Palaio Faliro

Music Teacher (Kinesiology-Orff system)

Company Name: Nursery School (Municipality of Palaio Faliro)

Dates Employed Sep 2006 – Aug 2008

Employment Duration 2 years

Location Palaio Faliro

Collaborator Professional Photographer

Company Name Παζαρόπουλος Κατασκευαστική Α.Ε.

Dates Employed Sep 2004 – Dec 2011

Employment Duration 7 yrs. 4 months

Location Athens, Filothei

www.structure.gr

Building regulations, Budget Analysis, Assistant Designer & Architectural Photographer

Company Name: Dimitrios A. Panos and Architects

Dates Employed Sep 2005 – Dec 2011

Employment Duration 6 yrs 4 mos

Location Athens, Kolonaki

Vocal Music Teacher

Company Name: 10th Elementary School

Dates Employed Sep 2011 – Jun 2012

Employment Duration 10 mos

Location Palaio Faliro

Children experienced: Phonetics, Solfeggio, Choir, Theatrical and Musical plays using both the power of their voice and their body movement, Primary steps of Flamenco and Tap dancing to feel the rhythm...

Translator

Translation of the “Science Illustrated” magazine (Greek version) in English.

(Children's section).

Location Children's Magazine

Employment Duration 1 year 4 months

Dates Employed Apr 2012 – Jul 2013

Company Name: Science Illustrated

Advertising, B2B applications, Custom relations, Columnist

Company Name: Periodikos Typos S.A. (Publications)

Location Athens, Syggrou Avenue

Employment Duration 1 year 4 months

Dates Employed Nov 1998 – Feb 2000

Columnist & Photographer at PhotoNet

Company Name: Nexus Publications

Dates Employed Sep 1994 – Jan 1997

Employment Duration 2 years 5 months

Location Athens

Music Teacher

Company Name: Music school (Conservatoire) of Alimos

Location Athens, Alimos

Employment Duration 2 years

Dates Employed May 1996 – May 1998

Advertising, B2B applications, Web Content Manager & Photographer

Company Name: Mediadyne

Dates Employed Sep 1996 – Sep 1998

Employment (Practice) Duration 2 years 1 month

Location Athens, Glyfada-Vouliagmeni

Volunteer Experience

Company Name: Music Director of “Koimissis Theotokou” Youth Orchestra

Dates Employed Sep 2016 – Present

Volunteer duration 9 months

Location: Palaio Faliro

Company Name: A.O.P.F. Swimming

Bazaar for supporting the young athletes

Dates volunteered Dec 2012 – Dec 2012

Volunteer duration 1 month

Cause Children

Company Name: Special Olympics World Summer Games ATHENS 2011

Dates volunteered Jun 2010 – Aug 2011

Language Liaison, Language and Music Services for the athletes at lunch time.

Volunteer duration 1 year 3 months

Cause Human Rights

An amazing and lifetime experience!!!

Composed Music for the Musical Theatre "Ornithes" by Aristophanes

Company Name: 10th Elementary School of P. Faliro

Dates volunteered Sep 2009 – May 2010

Volunteer duration 9 months

Cause Children

Collaboration with Stella Kostopoulou Drama Teacher.

Edit volunteer experience Photography

Company Name: Athens 2004

Photography

Cause Arts and Culture

Company Name: A.O.P.F. Swimming

Bazaar for the young swimmers

Dates volunteered Dec 2013 – Dec 2013

Volunteer duration 1 month

Cause Children

Computer skills

Microsoft Office, Staff Pad (notation app), Sibelius (music composition and notation software), Garage Band, Musically and other I-pad and Surface music applications, Photoshop, AutoCAD, Improved data-entry & organizational skills by maintaining data in computerized grading system.

Seminars

Vocal, Music, Dancing, Photography, Art and Crafts, Creative writing, Coursera courses, Autism and Music i-kid Centers (webinars), Theatrical, Pedagogue, IB seminars, Charismathia, Unique Darkroom Techniques (Apostolopoulos), Liminal: Theatrical Seminars (Zoe Xanthopoulou), History seminars (Efthymiou).

Interests

Writing and Directing plays/musicals for theatrical performances, Flamenco and Tap Dance, Taekwondo, Winter swimmer, Writing Children's Books, Photography, Illustration, Composing Music, Recitals, (also for a good cause), Book presentations combined with Music ensembles, DIY crafts emphasizing on music themes.

LinkedIn: Valia Panou

Accomplishments

8 Languages

Ancient Greek • Chinese • English • French • Greek • Italian • Music • Spanish

6 Courses

Animation • Decoration • Kinesiology-Orff system • Music psychology • Photoshop • Studio Photography

4 Honors & Awards

Concert • Photography • Photography • Piano

3 Publications

Το ημερολόγιο ενός τσαντίλα • 365 Days • "Ψαροραψωδία" (Psarorapsody)

1 Certification

National Conservatory of Athens

1 Project

Corporate Strategies (Technology book)